



ESSENTIALS YOUTH FOOTBALL CAMP

Essentials Camp is run by the Varsity Coaches and Varsity Players and the cost is \$75 and is a fundraiser for the Varsity Team. It is a 3 day camp where they work on basics with agility, blocking, and tackling drills. They will also learn to run some plays and learn to play as a team. Fun activities are planned like water balloon toss, hotdog eating contest, and more. Each camp attendee will receive an Essentials Camp T-shirt. This camp will launch us into our first week of practice the following week.

Camp Location: COLFAX HIGH SCHOOL on the Practice Field behind the Football Stadium.

July 27th - 29th, 2022 5:30pm to 7:30pm

Camp Participation is \$75 per participant

Ages: 5 - 13 years

Circle One: 8U 10U 12U 14U

Students Name: _____ Gender: Male / Female

Physical Mailing Address: _____

Father / Guardian: _____ Phone #: _____

Mother / Guardian: _____ Phone #: _____

Email Address: _____

Emergency Contact: _____ Phone #: _____

Family Physician: _____ Phone #: _____

Medical Insurance: _____ Policy #: _____

Any medical conditions we should be aware of:

All students participating in the camp program **MUST HAVE their own health insurance.**

Please read the informed consent and release authorization.

I, the parent / guardian of the child whose name appears above, hereby authorize my child to participate in the above program. I agree to indemnify and hold harmless the Coaches, Employees, Students, and Volunteers from and against all liability for injury, accident or damages which may result from his / her participation in the above mentioned activity. I also agree the staff may act as best fits the situation in the case of emergency, illness or injury, if efforts to contact myself or other emergency persons fail.

I have read and understand this Release Form and understand that my child's participation is purely optional and not a mandatory activity.

Parent/Guardian Signature: _____ Date: _____

Print Name: _____ Relationship: _____